February 2023 EDITION





Note from Admin Staff

This month was AMAZING! We had our first fundraiser at Top Golf and so many outings. Thank you to everyone who helped make these events a success. Happy February!

Note from Advocacy Council

WE HAD SO MUCH FUN THIS MONTH!

Enjoy this edition of the newsletter and let us know what you think!

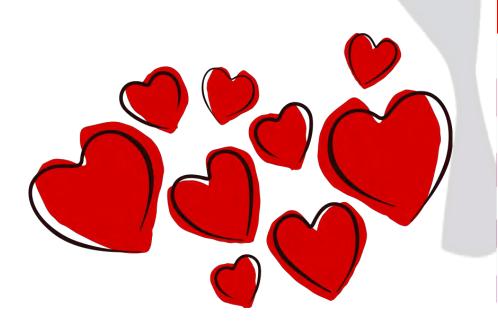


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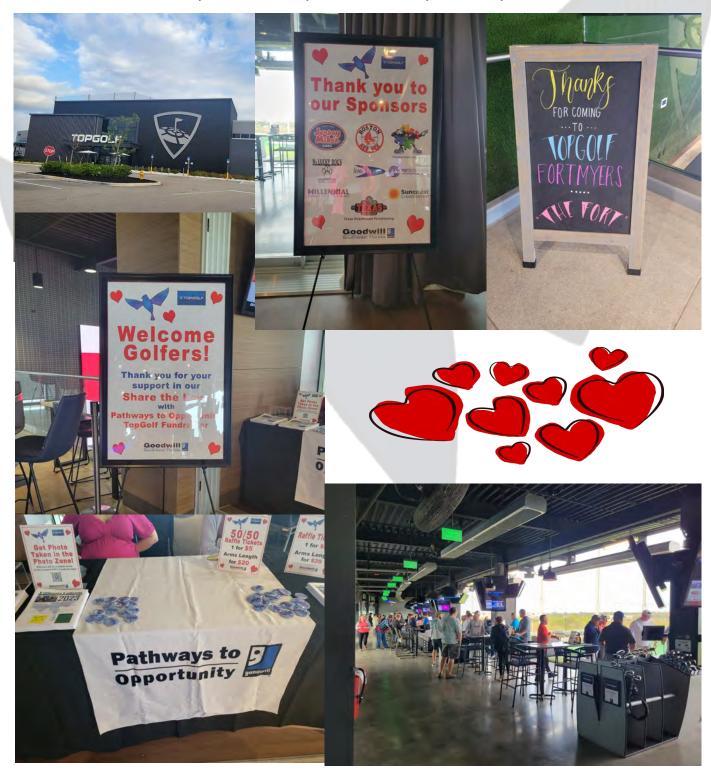
February Birthdays!





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Thank you to everyone who made our Top Golf fundraiser possible. We had a blast and already have so many ideas for next year! See you soon!



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Thank you so much Meteorologist Justin Hobbs for coming to Pathways today and sharing all your weather expertise and for doing some cool experiments with us! We had a blast!





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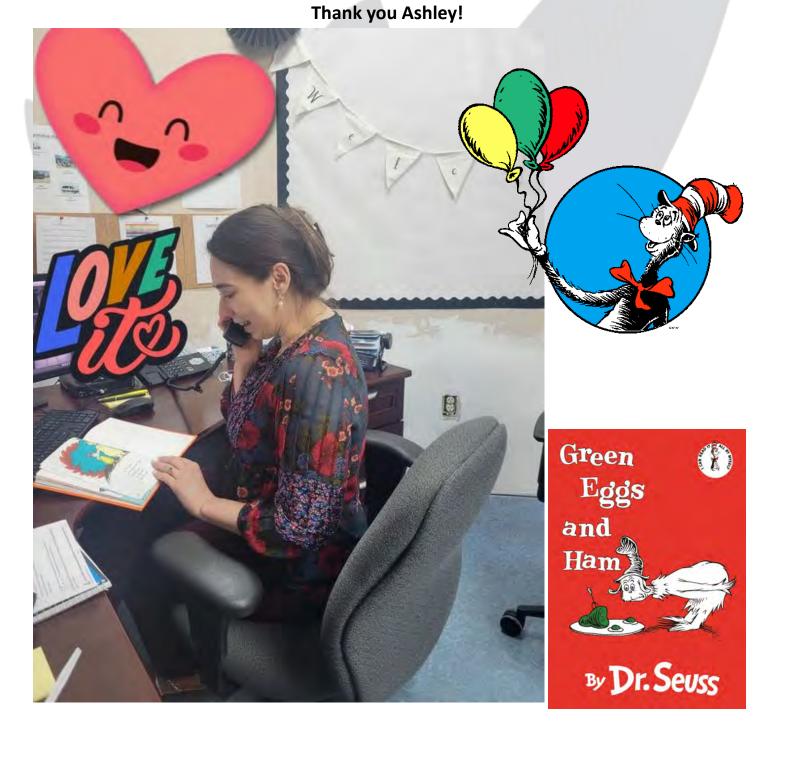




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National Read Across America Day

In honor of National Read Across America Day, Ashley Price (Director of Development) read us her rendition of the Dr. Seuss classic Green Eggs and Ham!



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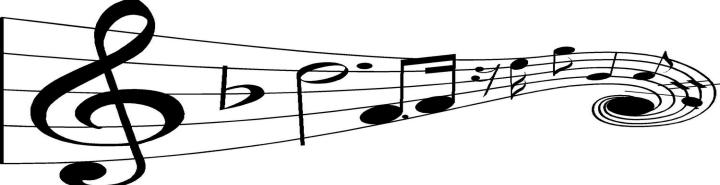
Thank you for letting us meet Carrie today and the rest of the sweet puppies!! We love our visits to the sanctuary!! Thank you Celia!!



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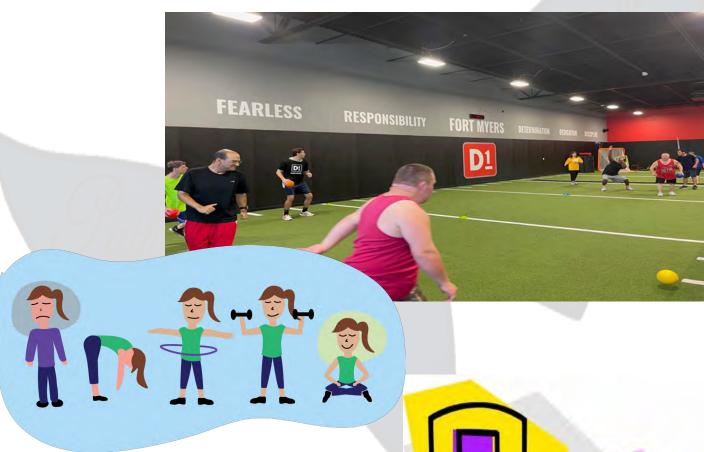
This Month in Choir, the participants sang at Hatton B. Rogers apartment complex. The performance was called, Love Is In The Air!

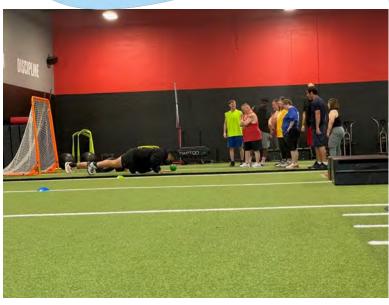




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This Month, pathway rec was all about working together and coming together as one to get in a good workout.







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In library the class all read a book about Amelia Bedilia goes camping and we took a trip to PTO'S Library to pick out some books.



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Men's Club

This month, the men's club learned how to write



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This month in stress management, we learned about different skills to help cope with the stress and how important it is to let go of the stress.



This month in daily living skills, we learned about how important it is to keep up with life skills and what to do with them.



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On this day in Pet Care, the class went on a trip to the Karl Drew Center for a Valentine's Day dance and bingo. The class also talked about cute and cuddly animals that are great gifts to give on this special day.

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This month in Events Planning, the class planned a love day dance where the participants could enjoy themselves and dance with their friends.





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In relationships and communication, the class has been learning about how a lack of communication can destroy any relationship and how good communication is the key to holding it all together.



Good communication is the key ingredient to a successful relationship, without it love does not flourish. Trust and Respect are lost.

Ways to Fix a Lack of Communication in Relationshi

- 1. Increase your awareness
- 2. Make a commitment to change
- 3. Set up accountability
- 4. Understand your attachment style
- 5. Be proactive about your communication
- 6. Be open to suggestions
- 7. Be curious about your partner
- 8. Learn to set healthy boundaries
- 9. Check in on a regular basis
- 10. Express vulnerability
- 11. Focus on the "we"
- 12. Celebrate the small wins
- 13. Be patient

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DISABILITY Navigation





You've got questions. We've got answers!

The process of applying for assistance can be daunting and arduous. That's why we're here to provide you with guidance. We'll walk you step-by-step in understanding the iBudget and Medicaid waivers. It's our commitment to you that your family won't be lost on its new journey.







Jessica Tursi
Director of Disability Services
(239) 995-2106 [ext 2301]
jessicaavalos@goodwillswfl.org

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Pathways to Opportunity is excited to announce our upcoming community education sessions!

There, you'll find all sorts of information regarding disability topics. Be sure not to miss them!







Jessica Tursi
Director of Disability Services
(239) 995-2106 [ext 2301]
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Program Calendar 2023

The Pathways to Opportunity (PTO) will be closed for the following holidays and in-service training days.

PTO may add additional closure days for In-Service training. Participants, caregivers, and guardians will be notified as much time in advance as possible.

Winter Quarter: 01/02/23—04/01/23

January:

New Years' Day: 01/02/23

In-Service Day: 01/16/23

February:

In-Service Day: 02/20/23

March:

In-Service Day: 03/27/23

Spring Quarter: 04/04/23 – 07/01/23

April:

None

May:

Memorial Day: 05/29/23

<u>June</u>:

NEW: In-Service: 06/14/23

Summer Quarter: 07/05/23 - 10/07/23

July:

In-Service Day: 07/03/23

Independence Day: 07/04/23

August:

None

September:

Labor Day: 09/04/23

In-Service Day: 09/22/23

Fall Quarter: 10/10/23 - 12/31/23

October:

In-Service Day: 10/02/23

November:

In-Service Day: 11/10/23

Thanksgiving: 11/23/23

In-Service Day: 11/24/23

December:

Christmas Day: 12/25/23

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LOVE
CUPID
KISS
HUGS
CANDY
DATE NIGHT
ROMANTIC
GIRLS NIGHT
FUN
PARTY-TIME
CHEERS
VALENTINE'S-DAY
HAPPY

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